



# LiberatingTouch® (LT) Facilitators Ethics Agreement, Moral Code, and Licence to Practice

This agreement is for individuals trained as LiberatingTouch® (LT) Facilitators by Eddie and Ranjana Appoo, the Co-Creators of LiberatingTouch® and Directors of the LiberatingTouch® Centre. It is an agreement between LT Facilitators, those that they serve, and the LiberatingTouch® Centre.

In some instances, ethics and morals are perceived as interchangeable, yet they hold distinct meanings. Ethics serve as guidelines established by an external entity, such as the LiberatingTouch Centre, while morals originate from an individual's intrinsic sense of what is righteous and genuine, shaping their choices and actions. While most professional environments prioritise adherence to ethics guidelines, LiberatingTouch (LT) places significance on Facilitators' alignment with their innate moral compass, guided by Truth, Self-Responsibility, Peace, and Love.

In this agreement, every aspect resonates and is in harmony with the moral code embodied by the LiberatingTouch® 4 Tenets.

## LT Facilitators' Responsibilities:

1. Be the best you at what you do, and check if you need to be covered by insurance.
2. Treat everyone like the unique and amazing individuals that they are.
3. Let clients know that you appreciate feedback.
4. Keep things clear upfront – talk fees, payment, and confidentiality before diving in.
5. Help clients understand what you're offering, and let them decide what's right for them.
6. Follow the rules and customs wherever you're practising.
7. Create a nourishing self-care practice that is easy to implement.

## LT Facilitators Commitment to client welfare:

1. Helping clients feel empowered and respected.
2. Knowing when to pass the baton to another Facilitator or Wellness Professional if needed.
3. Encouraging seeking medical help for anything that's a concern or worrying.

4. Being honest about what you can and can't do – leave the mental and medical stuff to the experts.
5. Making sure clients feel safe and comfortable at all times.
6. Practising confidentiality and respecting conversations as sacred, unless it's absolutely necessary to share.
7. Maintain mentoring and your Self-care daily practice

## LT Facilitators Agree to:

1. Live by the 4 Tenets of Truth, Self-Responsibility, Peace and Love to the best of their ability at any given moment
2. Keep the LiberatingTouch® tone fearless, compassionate, and clear
3. Watch out for any transgression and speak up if something's not right.
4. Respect other professionals and their roles in helping people stay well

## In relation to the LiberatingTouch® Creators and Directors, LT Facilitators will:

1. Keep Eddie and Ranjana in the loop about any changes in your approach to LT and the LT Community ASAP.
2. Be upfront about any bumps in the road, so they can help you out.
3. Play nice and follow the rules and recommendations if there's ever a complaint or issue.
4. Reach out for help as needed!!

## When it comes to Advertising, Display of Credentials etc., LT Facilitators Promise to:

1. Keep your advertising real and honest – no exaggerations.
2. Back up any claims you make.
3. Show off your qualifications proudly, but only the legit ones!
4. Stick to what you've actually trained for – no stretching the truth.

## In relation to Treatment of Minors and Persons with Special Needs LT Facilitators will:

1. Get the thumbs up from parents or guardians before working with kids or folks who need special care.
2. Make sure there's always a grown-up around during sessions with minors or people who need extra support.

# Mentoring & Continuing Professional Development

Maintain or Improve your skills and know-how, just like the LT Instructors or, as Eddie and Ranjana recommend

1. Keep a log of your annual 8 hours LT mentoring
2. Attend at least one LT program within a span of 4 years
3. Enjoy having a daily self-care practice
4. Connect, Converse, Immerse, Commune with the I S regularly and Trust the Guidance

## Your ongoing Licence to Practise

As an LT Facilitator, it's important to keep a log of your mentoring records. This will be handy whenever you're asked to present them. Qualified LT Facilitators will be reassessed every 4 years until they reach 15 years of practice or become LT Instructors. After that, no further evaluation reassessment will be needed. However, you will need to continue to log 8 hours of annual mentoring for you to flourish and be supported by the LiberatingTouch Centre.

After 4 years the renewal for the Licence to Practise certificate is simple and straightforward.

1. Write 4 reflective essays on -
  - a. Your understanding of LiberatingTouch now
  - b. Your journey over the last 4 years
  - c. One client session that made a lasting impression on you
  - d. The LT classes or calls, you have participated in over the last 4 years
2. Book in a mentoring session with a LT instructor as well as Eddie and Ranjana to review your essays and the latest LT Facilitator Agreements, and to evaluate ongoing practice. You may be asked to refresh or review certain materials or provide a demonstration of your work.